

Time.

In case you've noticed the mornings being darker, here's why:

June 21st is the longest day of the year and also the shortest night. Every week after that, the daylight is about 15 minutes shorter, and of course, the nights are 15 minutes longer.

At this time of year, the days get one hour shorter each month, and the nights are one hour longer.

Fast-forward to December 21st, and we have the longest night and the shortest day. Then, the process reverses itself, and the nights start getting shorter and the days longer.

Written by Peter Skeels © 7-17-2024