

Loners.

Loners' journeys are unique, mindful, and purposeful. Growing up, we innately dismissed society's opinions until, like the miner digging for treasure, we found what we were searching for.

Summoning more strength to make even more choices is what we do.

Our choices finally brought us peace and led us further along the paths we were destined to take.

Most opinions we hear are from society, enticing us to rejoin. Quiet allows us to listen to our thoughts until we learn to dismiss anything that doesn't boldly strike the gong that is our heart.

Responsibility sits on our heads like a microwave oven and as the most awkward hat ever made.

We spend time thinking we must balance the hat until, with a head-shake, it falls off.

Our freedom and quiet happiness grow again until every cell in us begins an infectious positivity that takes over our entire body and surroundings.

After the head-shake, we acknowledge peace returning by celebrating our freedom.

Luckily for society, most people are not loners. Luckily for loners, the quiet needs and choices for what to have in our lives promote our happiness, optimism, creativity, and peace.

Written by Peter Skeels © 2-17-2025