

## **Be It.**

Whatever it is you want, be it.

If you want peace, be it.

If you want love, be it.

If you want creativity, be it.

If you want freedom, be it.

Who do you do this with? Yourself.

That's easy for me to say after spending years seeking pleasure in the material world only to find again the introspection and daily meditation I had abandoned many years before.

Becoming peace, love, creativity, and freedom didn't happen overnight or take too long. It just took me wanting those attributes more than anything else.

I became the states of being I sought.

Written by Peter Skeels © 7-12-2024